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READER SUBMITTED: MCC On Main Filling Sunday Zumba Void

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Manchester

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Need a Sunday Zumba fix? MCC on Main introduced Zumba Fitness with Eve Ann Mazur on Sunday on July 22 as an extension to its fitness center and hopes to build on the Latin-inspired workout system's already strong following.

"Zumba people will find us, but I am hoping that some of the people that are new to Zumba as a fitness program will seek us out," Mazur said after a successful opening day class at the new venue.

Zumba classes are easy to find during the week, but weekend offerings are few and far between, especially in the downtown Manchester area.

"The space is inviting and a good cultural outlet for Main St. Manchester," said Mazur, who is an adjunct instructor of English and Film Study at both MCC and UConn.



The Zumba community is close knit and Manchester Community College was one of the first in the area to offer the program in January 2008.

"MCC has been a fixture and I think this community responds pretty strongly to programs Manchester Community College puts on," Mazur added.

Zumba Fitness with Eve Ann Mazur from runs from 10 AM to 11 AM every Sunday. Walk in fee is \$8 or purchase a Zumba a prepaid, ten-session punch card with no expiration date for \$60. To purchase a punch card, contact jbritton@mcc.commnet.edu.

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