

# MCCOAA Update

Manchester Community College Organization of Active Adults

Great Path MS #16, PO Box 1046, Manchester CT 06045-1046 • 860-512-2840

Read the *Update* in color on the MCC Web Site at [www.manchestercc.edu/continuing/oa](http://www.manchestercc.edu/continuing/oa).

## OAA ON THE GO

### SCHEDULED TRIPS

#### Boston-Cambridge Land/Water Adventure Thursday, July 12, 2018



Enjoy a 70-minute, fully-narrated, sightseeing cruise along the Charles River. Your captain and crew will both entertain and educate while pointing out the historic and cultural sights of Boston and Cambridge. Sights include Beacon Hill, Esplanade Park, the Back Bay, Boston University, MIT, and Harvard. There will also be a guided bus tour of Cambridge and Boston historical landmarks.

For more information, contact **Ann Lucente**, 860-916-6047.

#### Albany in August Dutch Apple Cruises Thursday, August 16, 2018



Enjoy a 2.5 hour **Troy Lock Cruise**. The vessel is the perfect way to travel through the **Troy Federal Lock**. The cruise will be narrated by a historian. While on board, you can relax and enjoy a plated brunch. In the afternoon, you will have a driving tour of Albany guided by a local expert. Learn the history and see the sights.

For additional information, contact **Edith Schoell**, 860-528-8015.

#### South Dakota Friday, Sep. 7 - Thursday, Sep. 13, 2018 7 Days, 9 Meals: 6 Breakfasts, 3 Dinners



Day 1: Your tour opens in **Rapid City** with a welcome dinner featuring a Native American chronicler who shares stories about the Lakota and Sioux way of life.

Day 2: Head for mighty **Mount Rushmore**. Stroll along the **Presidential Trail**. In the evening, see the spectacular nighttime lighting ceremony at Mount Rushmore.

Day 3: Explore **Deadwood**, one of the Old West's most iconic settlements. Visit **Mount Moriah Cemetary**, the final resting place of **Wild Bill Hickok**.

Day 4: **Pine Ridge Indian Reservation**. Learn from an alumnus about the **Red Cloud Indian School's** mission, the reservation and challenges the Lakota people faced.

Day 5: Explore the larger than life **Badlands National Park**.

Day 6: Travel through Custer State Park and visit the Crazy Horse Memorial, the world's largest mountain sculpture still in progress.

Day 7: Your tour ends.

For more information, contact **Jeannette Lesperance**, 860-643-8130

#### ATTENTION

*Please report any special needs, physical, medical or dietary, at the time your reservation is made, to the trip coordinator for your trip. Persons requiring assistance need to be accompanied by a companion who is capable of and totally responsible for providing the assistance. MCCOAA cannot provide special individual assistance to tour members with special needs.*

## OAA ON THE GO

by Jim Reuter

### COMING ATTRACTIONS

Wednesday, May 16, 2018, 1:30 p.m.

**SBM Charitable Auditorium**

Note: This program is on a Wednesday

#### Music for Piano and Flute:

a lecture-recital by **Jessica Fraleigh** and **David Lewis**

Jessica and David have just completed their final semester of the Music Studies A.A. degree. This recital is the culmination of their studies at MCC.

**Dr. Carolina Flores** is an Associate Professor of Music at MCC.

PROGRAM	
<i>Concerto</i> in G major, Mozart	Jessica Fraleigh, flute Carolina Flores, piano
<i>Piano Sonata</i> in F major, Mozart	
<i>3 Preludes</i> , Gershwin	David Lewis, piano
<i>United Nations</i> , Sidney Lewis	

**Jessica Fraleigh** knew that she wanted to do something with music since she learned her first song more than 22 years ago. She considers music to be an escape that can help troubled teens and children with unsupported home lives. While in high school, she performed with all-state groups and at Disney World. Currently, she performs with the Windham Concert Band and is their Secretary and Librarian. She also sings with MCC's madrigal group and the Manchester Symphony Choral. Jessica takes private flute lessons from Dr. Barbra Hopkins, a flutist in the Hartford Symphony Orchestra.

In the fall, Jessica will attend Central Connecticut State University. "MCC gave me the opportunity to expand my performance to a level I never expected to reach. I feel more than prepared to move on to the university level with my performance ability. I'm a huge believer of 'it's never too late to learn or pick up an old instrument.'"

**David Lewis** is a retired Aetna computer programmer who has finished his third year at MCC. He studied piano with Miguel Campinho and Barbara Robbins, and has performed with the MCC Chamber, Jazz Choral Ensembles. He and his wife, Donna, are 31-year residents of Glastonbury. They are fans of classical music, a trait passed on to their two adult daughters who are both active musicians. David began teaching himself to play the piano after moving into his childhood home, as the previous owners left a piano in the basement because it was too difficult to move. This recital will be a culmination of his studies at MCC where he has been enriched by his professors' experience and inspired by his younger classmates. In addition to playing works by well-known composers Mozart and Gershwin, David is excited to be performing, with some embellishments, a March composed by his grandfather, Sidney Lewis.

**Dr. Carolina Flores**, a native of Spain, is an accomplished pianist having been awarded several prizes at international and national piano competitions. She has obtained degrees in music education and piano pedagogy at the Superior Conservatory of Music in Zaragoza and the Royal Superior Conservatory of Music in Madrid, respectively. She also earned BM and MM degrees in piano performance at the Manhattan School of Music in New York, and a D.M.A. in choral conducting at the Hartt School, University of Hartford, CT. Dr. Flores' resumé of experience, teaching positions and awards is too extensive to fit into this column.

*Non-luncheon programs are open to the public free of charge. Most programs begin at 1:30 in the SBM Charitable Foundation Auditorium (AST Bldg.) and are followed by refreshments. We encourage members to invite friends to become OAA members for additional benefits. Please use the West Parking Lot (formerly Lot C), which includes handicapped parking.*

## Upcoming Continuing Education Courses in 2018!

**HOW TO REGISTER FOR COURSES:** There are many easy ways to register for MCC courses. Call **860-512-3232** to register by phone. Be sure to have your credit card ready. Or, if you have access to the Internet, you can download a registration form at [www.manchestercc.edu/wp-content/uploads/2018-Spring-Credit-Free-catalog.pdf](http://www.manchestercc.edu/wp-content/uploads/2018-Spring-Credit-Free-catalog.pdf) and send in your completed form with a check or money order. You can also find a registration form in any printed MCC Credit-Free catalog. The easiest way is to register in person the next time you are on campus for a monthly OAA meeting! The Registrar's Office is in the main lobby of the SSC Building and is open from 8:30 a.m. to 4:30 p.m.

*Pre-registration allows the instructor and course schedulers to prepare materials for the course and to contact students in the event of a scheduling change or cancellation.*

### **Martin Luther and the Age of the Reformation: 1517-1648**

We will examine the origins of the Protestant Reformation, beginning in 1517, as led by an obscure, northern German monk named Martin Luther. In key ways, this religious upheaval caused a divisive break with Europe's medieval past and hurtled toward a dangerous and uncertain future that culminated with the Thirty Years War (1618-1648), a conflict whose violence would not be surpassed until World War I.

CRN 11737 | Fee: \$65 | 3 Thursdays | 5/10-5/24 | 6:30-8:30 PM | GPA Room GP155

Instructor: **Jared Day, Ph.D.**

### **Historical Overview of Witchcraft**

Wicca and Witchcraft are becoming increasingly popular these days. This single-session program, including a PowerPoint presentation, will cover the vast history of Witchcraft and the practice of witches today, including moon cycles, Sabbats, spell-casting, and the manifestation of one's reality through magic. Learn about this fascinating history from Manchester's very own Wiccan priestess.

CRN 11686 | Fee: \$20 | 1 Saturday | 5/12 | 1-3 PM | GPA Room GP139

Instructor: **Faith McCann, 3rd-degree Wiccan priestess**

### **Planning for Long-Term Care: Understanding Medicaid and How to Protect Your Assets**

Should you give your home to your children? How can you get the state to pay for nursing home and home care costs? How do single individuals and married couples qualify for Medicaid benefits, while keeping their assets and protecting their children's inheritance? Is long-term healthcare insurance a good idea? Get the answers to these questions and a lot more. If you know the rules and plan ahead, you can still protect your hard-earned assets. Informational booklet is included with the course fee.

CRN 11700 | Fee: \$15 | 1 Thursday | 5/10 | 6:30-8 PM | GPA Room GP126

Instructors: **Attorneys from CzepigaDalyPope**

### **Strategies for Couples to Maximize Social Security Benefits**

If you're approaching retirement, and not currently collecting Social Security, one of the most important elements of your retirement planning is understanding how Social Security works. Identifying which option will provide the best combination of current and future income for you and your spouse can be an arduous task. Topics will include how to quickly and easily sort through 700 possible filing combinations; methods to increase your benefits and provide thousands more in retirement income; how coordination of benefits will help you and your spouse obtain the highest level of retirement income; and why the Senior Citizens Freedom to Work Act allows recipients to begin receiving benefits while their own benefits continue to grow!

CRN 11516 | Fee: \$15 | 1 Thursday | 5/10 | 6-7:30-PM | GPA Room GP143

Instructor: **Frank Germano, CFP®**

## Congratulations and Best Wishes to Ann Bonney on Your Retirement from MCC



Ann Bonney will be retiring on May 1, after nearly fifteen years of working as Director of Credit-Free Programs in Continuing Education. She says, "It has been a joy and a privilege to work with OAA members and Board members; and to be here in an environment where, together, we help people to fulfill their educational goals; develop new interests; and make new friends, every day. I hope to come back to teach and take a few Credit-Free courses, and, in not too long, apply for membership to the OAA!"

Thank you for the many years of help and friendship you have given to us in OAA.

The College expects many strong applicants for the Director position. In the meantime, OAA members may contact the Continuing Education Information Line at (860) 512-2800 with any questions.



### MCC COUGAR PANTRY

Please bring non-perishable items and toiletries to OAA events. Your donations benefit students, staff and the entire MCC community. A collection box will be in the lobby for your convenience.

For more information, call **Gordon Plouffe** at 860-512-2285.

### AUDITOR NEEDED

A volunteer is needed to audit the OAA financial records.  
Contact Geoff Naab at 860-573-4124.

### REMINDER

All OAA members are welcome at all OAA Board meetings.  
Meeting dates and times are listed on page 2 of the UPDATE.

If you're not sure of a room location, find campus maps at <https://www.manchestercc.edu/about/maps-directions>

**Check the 2018 Spring credit-free catalog for many interesting courses. Register with a friend!**  
*Remember, as OAA members, you could each qualify for a 20% rebate (up to \$50 per membership year) on credit-free courses costing over \$10. There should be a form for each class. Please do not put multiple classes on one rebate form.*

The **UPDATE** is published each month except July and August, for and by OAA, and is edited with the assistance of MCC's Credit-Free Programs Office. Information on OAA activities and other items of interest to OAA members will be considered for publication.

*Please submit articles and suggestions to the editors via email to [oaa@manchestercc.edu](mailto:oaa@manchestercc.edu).*

**Board Meetings** 10 a.m. – **Room A108** (by Library in LRC Building): Oct 13, Nov 10, Dec 1, Jan 12, Feb 9, Mar 9, May 11

**Program Events** 1:30 or 2:00 p.m. – **SBM Auditorium (AST Building)**: Oct 20, Nov 17, Jan 19, Feb 16, Mar 23, (no program in April), May 16 (Wednesday)

**Luncheons** 11:30 a.m. – Sept 15, Dec 8

**PLEASE USE WEST PARKING LOT (formerly Lot C) for all campus events.**

#### 2017-2018 Officers

President: *Geoffrey Naab*  
Vice President: *Jim Reuter*  
Secretary: *Marilyn Steele*  
Treasurer: *Dan Miller*  
Trustee (2020): *Irma Hart*  
Trustee (2019): *Darlene Sutton*  
Trustee (2018): *Pat Forkner*

#### Committee Chairs

Hospitality: *Margaret Mirante*  
Membership: *Karen Rosano*  
Program: *Sheila Springsteen*  
Publicity: *Rosemarie Mazzotta*  
Travel & Mail: *Mary Violette*  
Tuition Rebate: *Theresa Ebenhoe*

#### The Bottom Line

Total Members	603
Members Paid Rebates	32
Number of Rebates Paid	48
Rebates Paid to Members	\$770
Credit-Free Course Fees Paid to College	\$4,814

Continuing Notice of Nondiscrimination: Manchester Community College does not discriminate on the basis of race; color; religious creed; age; gender; gender identity or expression; national origin; marital status; ancestry; present or past history of intellectual disability, learning disability or physical disability; veteran status; sexual orientation; genetic information or criminal record. The following person has been designated to respond to inquiries regarding the non-discrimination policies: Debra Freund, Chief Diversity Officer (Title IX and Section 504/ADA Coordinator), Manchester Community College, Great Path, MS #9, P.O. Box 1046, Manchester, CT 06045-1046, SSC L277. Manchester Community College is an Affirmative Action/Equal Opportunity Employer and strongly encourages the applications of women, minorities, persons with disabilities, and veterans.